



## raj kar` AneAamAadml

s̄y mi` l al p̄pit

ds̄a[vaDo,p̄pitvas

m̄po.ta.q̄al u ij .mhs̄a` a

d̄ma>Aj eAamAadml xBd bhup̄cil t 4to =y Oet̄ma>p` Jyarec̄B I n+k Aavvanl hoy Oēyare  
 d̄na samally ma` snl yad dr̄k raj kly p9neAaveOedr̄k n̄a potanesamally ma` snl n+k Oet̄ma>  
 saibt krvano p̄yIn kreOeAnepotej mln sa4e=Daye hoy t̄u>btavva ma3ep̄yIn kreOe Aav̄  
 k̄? to c̄B̄ya p0l p̄aε v8Rp0l samally ma` snl sm̄Sya same=̄ano smy n4l hoto Aa4l p̄aε  
 v8Rp0l Jyarenvl c̄B I AaveOēyare n̄aAonesaitb krv̄pDeOekeAmesamally ma` s sa4e  
 =Daye 0IAeAhl>Aap` nesamally r̄lteĀk p̄h̄ ]d̄wveke'samally ma` s' A4va 'AamAadml' Āl e  
 x̄A Āl ekeAamAadmlma>kono smav̄ 4ay? samally r̄tejel oko paseqas s|a-Ai2kar n  
 hoy.]prāj̄ j̄ n̄m̄h̄v̄ ma> c̄B I sm̄yej =̄a m5e0etel okono samally ma` sma>smav̄ krl  
 xkay.

samally ma` sma>samally r̄tegr̄lb, m̄eymvgR nanav̄parl v̄ḡaε smav̄ 4ay Oe j̄ Āo n̄aAonl  
 qas n+k n4l hoto. d̄no gr̄lbv̄gRAazadlna ĪĪ v8Rp0l p` t̄anl iS4tlma>ko[ mo3o fefar 4yo  
 n4l.Aaj ep` d̄ma>ĒĒ.Ē 3ka ŪĒĒĒĒĒ v̄Stl gr̄lb̄l r̄qa nlce+vn ivtaveOegr̄lb̄lma>ma>  
 3kavar̄nl̄ ,i\*3Aefefar 4yeo =̄a m5e0ep̄r̄t̄ugr̄lb̄onl s̄̄yama>ko[ qas fefar 4yo hoto  
 n4l.d̄ma>Aj ep` ĒĒ 3ka l oko Aixi9t-inr9r OeAnexi9t b̄kar̄ln̄p̄n̄a` p` mo3a p̄n̄a` ma>  
 =̄a m5e0eAa ĒĒ 3ka gr̄lb̄ inir9r v̄gR̄o wartly raj kar` ma>s04l v2u]pyog krvama>AaveOe  
 ĒĒĒĒnl ĒĒml l okswanl c̄B I Oet̄ma>p` Aa v̄gR̄o ma> vōε b̄k̄ tr̄lke]pyog krvama>AaveOeAa  
 v̄gR̄el owava ma3edr̄k raj kly p9 potana c̄B I !>ama>gr̄lb̄ VyiktneSp̄x̄R̄a m̄úano smav̄  
 krvama>AaveOe t̄a4l s̄̄o8 n manta t̄anl v̄Cce=it-2mRAar9` v̄ḡeerl̄teAa v̄gR̄a>Aāt̄irk  
 f̄B̄l paDvama>AaveOekej̄ 4l t̄ana mt scva[ rhe=eked̄ma>j ep` p9 s|ama>AaveOe tegr̄lb̄  
 l okonl iS4tl s̄̄arva ma3eAn̄k̄ yoj naAo x̄½ kreOe=ekeAga]nl sr̄kareto yoj naAo bnav̄el j  
 hoy Oet̄eyoj naAo samally ma` s s̄̄0l ph̄ōseteph̄e>j̄ s|a2arl p9 potanl yoj na Aml ma>mk̄l de  
 OeAam,Āk̄ p` yoj nano yōgy Aml krvama>Aavto n4l.p` s|a2arl p9 'ara p̄aε v8Rp0l  
 gr̄lb̄lma>23aDo 4yo Oet̄ma>saibt krvama>lagl =y Oe gr̄lb̄onl s̄̄̄ya Ao0l btavva ma3e  
 gr̄lb̄l̄reqanl nvl VyaQya Aapvama>Aave0 Anegr̄lb̄l ma3e2` l n̄lcl Aavk n̄kkl krvama>Aave

Oej mkeAayoj n pægrlblræa nlce+vta VyiktAo ma3egaml` ivStar ma3e½a.ÊĪ pĪtidn Ane xhel ivStar ma3eÊĪ ½a.pĪtidn Aavk nKkl krvama>Aavl htl. xvAa3l I Aavk Aaj na Ð.Ê 3ka4l Ñ.Ê 3kana fgava dr vCceyoGy g` ay qrl?

wartma>grlbl

v8R	gaml` 9a	xhel9a	wart
ÊÊÊĪ -ÊĪ	ĪÊ.Ê%	ÊĪ .Ê%	ÊĪ.Ê%
ÊÊÊÑ-ÊÊ	ÊÊ.Ð%	ÊÊ.Ñ%	ÊÑ.Ð%

Û Æot: yu+.sl.nê A4RaS»,]pkar pkaxn Aaga' pana n>ĪÊĪ Ý

]prokt sar` I pr4l Aavj ` ay OekeÊÊÊĪ -ÊĪ krta>ÊÊÊÑ-ÊÊ ma>Ī.Ī 3ka grlblma>23aDo 4ye Oe dæma>Aaj ep` ba5mr` dr ĪĪ ÛÊÊÊÊÝ OeAneGlobal Hunger Index (GHI) ma>p` wartnl iS4tl hj uic&aj nk OeG.H.I na ÊÊÊÊ na Ahezal ma>ku ÐÉ dæoma>wartnæS4an ĪĪmæhtæj yarecln co4a kñivvyenama ÊĪ ma,7ll ka ÊĪma AnepaikStan ĪĪma kñehta.Aam wartnl G.H.I. ma>pDoxl dæo krta>iS4tl 2` I grab Oe

dæno mæymvgRkej egrlb I oko krta>4oDl sarl iS4tlma>+ve0eAa vgrA I oko potanl +vn j ½rlyat pURkrl xketæI I Aavk 2ravta hoy Oepræutænl piriS4tl mo6varl,w\*3acar, ixi9t bæarl vgeæI 2æyæI hoy Oemo6varlnl s04l v2uAsr mæymvgRe4ay Oe kar` ketæI Aavk ini&vt hoy Oej yare+vnj ½rl clj -vStæa wavma>stt v2aro 4to j to hoy OetæI tæI Aavk qcRl smtUama>6` o mo3o iv9p }wo 4ay OeAaj edæma>pcas 3ka krta>v2us0ya mæym vgrl OeAa vgrvartly raj kar` pr s04l v2uAsr kre0ej mkeidLhlma>mo6varl,w\*3acarna I l2el okoAe Ak nva p9nes|ama>Aavvanl tk Aapl htl. Aam, Aaj etæa ma3emæymvgRcB I +tva ma3e s04l AakB` nukle, blyæOekæAa vgrixi9t Oetæa>nana vparl srkarl qangl kmæarl vkll , DaR3r vgeæo Aa vgrA>smavæ 4ay OeAa vgrl j ½iryat grlbl oko krta>k&k v2arehoy Oe te +vnnl pæ4imk j ½iryat ]pra& roj garl, mo6varlma>63aDo,vlj 5l,ma5qakly siv2aAo,gùvtaykt ix9` vgeæAa vgrl j ½iryat OeAa4l Aaj esrkar 1ara mæymvgRl j ½iryat stæ8va ]pr æyan Aape0e

dæno Aimrvgrkej ecB I pheæ>Anesrkar blyæ p0l p` næAonl s04l v2un+k hoy OeAimrvgrA>dæna ]2ogpit,Arbpitno smavæ 4ay Oetæj dæna mo3awagna næa kroDpit j hoy Oedr pæ v8Rtænl Aavkma>Ank g` o v2aro 4ye0 =æa m5e0etæno Aam Aadmlma>smavæ krl xkay nhl.dæma>AmlrvgrRupnã` 6` æAa0æ0eto p` dæna raj kar` ma>te6` I mo3l Asr j Nmave0eAa vgrRegrlb AnemæymvgRj æa pæno stavta n4l p` tænl j ½iryat k&k Al g pkarnl hoy Oej æ ke]æog S4apvama>shay,srkar trf4l krma>OB-0a3 Aam Aa vgrRo moÿ hæu

srkar pas4l Aai4R l aw p4t krvano hoy 0e Aam, d4ma>grib,m4ym,AneAimr vgRa l oko vse  
 0edr4nl j ½iryat t4nl Aai4R-sama+k iS4tl An4ar Al g-Al g 04pr4ud4ma>Jya>S4l dr4  
 nagrlkner03l-kpDa>Anemkan ix9a Aa p44imk j ½iryat pU4R` est48ay nih Iya>S4l d4ma>sac1  
 l okxahl xky n4l Aaj eiv4vma>wartnes04l mo3a l okxahl d4 trikeA05qvama>Aave04pr4ute  
 ma4 d4ma>Stln4pna` v2arehova4l t4eA05qvama>Aave04pr4usac1 l okxahl l okonep4t 4tl  
 n4l k4 keAaj ep` d4ma>41 3ka krta>v2ul oko inr9r 0et4net4na Ai2kar Aned4 p4y4l  
 fr=4l =` n4l t4j d4ma>Aaj ep` grlb l okona mt p44a kebl= p4karma p4owno ke2mkl  
 Aapln4qrldvama>Aave04Amk l oko ma3eto c44 l Ak4 Vyvsay bnl =y 0eAa4l d4ma>Jya>S4l  
 grlb1-b4arl-inr9rta-=itvad-2aimR Aar9` j 4a p4hono yo6y ]k4 x02vama>nih Aavet4j  
 raj kar` j ya>S4l Aava s4v4n4l p4h04l ]pr }#lnema4 p4 k4ya` Aned4 ihtne4yanma>  
 raqlneraj kar` krvama>Aavxeto j d4ma>t44st l okxahl Aavl xkxe

### sdwBLC

É. A4R4S4, ]pkar p4kaxn Aaga/pana n>41 41