



# Maitrayanee Upanishad: An Observational Study

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## 1. Introduction

Upanishads are immortal literature. They are known as Shruti. All these Upanishads give the lessons of life. They give message to human life to be pure pious and to be bold. There is total 108 Upanishadas. There are various 12 main Upanishadas like: Isha, Ken, Katha, Prashn, Mundak, Mandukya, Taitareey, Chhandogya, Bhruhdaranyak, Kausheetaki, shvetashvatar and Maitrayanee. Among all these Upanishadas, Maitrayanee Upanishad is unique, and it has various characteristics. We can see the principles of Sankhya, Yog and Hathayog in this Upanishad. Dr. Murareelal noted that Maitrayanee Upanishad is divided into total five prapathaks in prose and poetry nature. We can see that the Muni Shakaynya has given knowledge to the King Bruhdrath, which was obtained from the God Maitray.

## 2. Various Messages according to Prapathaks

### 2.1 First Prapathak

Human body is mortal. Bones, skin, blood, urine, tears, brain and cough are full of bad smell. Hence no need for the human body various uses and food. Even all the kings of the world had left this world and had gone in Parlok. So, human should take shelter of the God. All the persons should live far from the various sins.

### 2.2 Second Prapathak

Aatma develops by yoga. Darkness killed by Aatma. Aatma is motivated the body. Aatma is very clean and pious. It is clean that Aatma gets the fruits of its own deeds. All the human-lives should pass their life for developing their Aatma. In this way importance of Aatma is discussed by Brahma.

### 2.3 Third Prapathak

All the persons should do their the best deeds. They should be free from the sins. They can be great by the help of their the best deeds. They should live humble and get the best fruits with the help of their best deeds. Persons can pass their lives with satisfy with the cluster of the best qualities. Clear Aatma can get greatness. At the end of Prapathak it is mentioned that the every person should be free from the fear, sorrow, anger, grief and the sin. All the persons should be Satvgunee.

### 2.4 Fourth Prapathak

Muni Valkhilyajee and Brahmajee talk each-other. According to Brahmajee, every person do the best work. Knowledge should come from the best implementation of the religion. All the deeds should be pious. Mind should be free from the various attractive subjects. Mind can be reason for the Mox.

### 2.5 Fifth Prapathak

Brahm is truth. Brahm is jyoti. Par and Apar is Brahm. There should be concentrate of all the Gods. Ishvar, Shambhu, Rudra, Prajapati, Vishnu, Narayana, Indra and Chandra are becoming heat like Agni, hence we should worship various Gods. We should go in the Tapovan and be free from the fear

of the animals and also concentrate the sun or Savita (Paramatmaa). At the end of this fifth and last Prapathak, according to the words of Brahmajee, ' the Sun is external soul and Pran is internal soul. Soul is dynamic. Soul is controller, God, Vishnu, Narayan, savita, indra and moon too. Savita (Paramatma) is full of thousands rays, which is expressed as Pranrup of all the people.

### 3. Life Values in Maitrayanee Upanishad

Value means to evaluate. Principle or standard of higher life is called value, which is acceptable and proper in human life., Puran and Upanishada Sanskrit literature is the treasure of life values. Veda National Council of Educational Research and Training, New Delhi has decided total 84 life values. Among these values, we can see total 12 values in Maitrayanee Upanishad, which are following : 1. Personal Value, 2. Group Value, 3. Social value, 4. Cultural Value, 5. Economical Value, 6. Historical Value, 7. Religious Value, 8. Spritual Value, 9. Moral Value, 10. Political Value, 11. National Value, 12. International Value.

### 4. Life Messages and Values and in Maitrayanee Upanishad According to Prapathak

#### 4.1 First Prapathak

Physical body is not permanent. King Jayadrath gave the charge of the state and went in the forest. The king stood before the sun with raised his both the hands. We can see both the values like: the political and spritual values these incidents. The person who does not live with moral life, he has to wander in various birth and death. The king Jayadrath went near Shakayany Mahamuni bowed with touching the feet. He king also accepted the shelter of Mahamuni and begged for liberation. This incident indicates religious value.

#### 4.2 Second Prapathak

Shakayany Mahamuni introduced regarding soul that soul is Amrutrup, Abhayrup and Brahmrup. The soul is also pious, clean, immortal, without desire and painless, invisible. The soul is also unbounded almighty. All these introduction of soul indicates Spritual Value.

#### 4.3 Third Prapathak

In this third prapathak, we can see the positive result of moral life. Person should be free from fear, anger, thirst, atheistic, greed, attractions. This human body is like hell. The human body is also without life-spirit and animation. Hence person should live with moral life.

#### 4.4 Fourth Prapathak

We can see moral and spritual values during Valkhilya nad brahma discussion. Brahmaajee gives idea to Valkhilya to be free from worldly life, unceasing cycle of birth and death. Brahmaajee has indicated two types of mind : 1. Clean and 2. Dirty or unholy. Intense fascination mind becomes the reason of prohibition. Without any prohibition mind or free mind can be Mox. So person should be free from an object enjoyment. In this fourth Prapathak, this theme is also regarding spritual value.

#### 4.5 Fifth Prapathak

Brhmaajee has indicated two types of Atma : 1. Pran and 2. Aaditya ( Sun ). The Sun is an external Aatma and Pran is interal Aatma. Without any sin mind can be clean. The sun has the best light and this is also Aaditya and Savita which creates the world. The sun created thousands rays. Aatma is God, Shmbhu, Prajapati, Rudra, Truth, Vishnu, Narayan, Savita, indra, moon, which gives light and heat. In this way we can see that this fifth and last prapathak also indicated the spritual value.

### 5. Conclusion

Upanishads are known as Shruti. All these Upanishads immortal literature which give us the lessons of life. They give message to human life to be pure pious and to be bold. Out of total 108 Upanishadas, there are various 12 main Upanishadas among them Maitrayanee Upanishad is unique and it has

various characteristics. Dr. Murareelal noted that Maitrayanee Upanishad is divided into total five prapathaks in prose and poetry nature. We can see that the Muni Shakaynya has given knowledge to the King Bruhdrath, which was obtained from the God Maitray. Human should take shelter of the God. All the persons should live far from the various sins. All the human-lives should pass their life for developing their Aatma. Every person should be free from the fear, sorrow, anger, grief and the sin. Mind should be free from the various attractive subjects. We can see total 12 values in Maitrayanee Upanishad. The person who does not live with moral life, he has to wander in various birth and death. The soul is also pious, clean, immortal, without desire and painless, invisible. The soul is also unbounded almighty. This human body is like hell, hence person should live with moral life.

Without any prohibition mind or free mind can be Mox. So, person should be free from an object enjoyment. Without any sin mind can be clean. The sun has the best light, and this is also Aaditya and Savita which creates the world. The sun created thousands of rays. The Sun is external soul and Pran is internal soul. Soul is dynamic. Soul is controller, God, Vishnu, Narayan, savita, indra and moon too. In this way Maitrayanee Upanishad is a unique, which has various characteristics.

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